Psychotherapy has been referred to as “The Talking Cure” for good reason. We expect that patients presenting for therapy will put into words their thoughts, feelings, and dilemmas with the help of the therapist, resulting in increased self-understanding and ability to love and to work. Most therapists encounter patients who struggle to “use their words” for a variety of reasons. This seminar series will explore a range of situations that challenge our ability to use the language of our patients to help them change. First, we draw from the theme of our 2014 Psychotherapy Day on trauma and dissociation to discuss the development of “metaphor” in psychotherapy with patients with complex trauma, with guest speaker Dr. Arthur Leonoff. We then move to a seminar on supervision, examining blocks to the supervisee speaking freely in supervision, using papers by Dr. Nicholas Ladany, our next speaker for Psychotherapy Day 2015, who is also providing a seminar day on supervision preceding the conference. We continue with several seminars that relate to the theme of Psychotherapy Day 2015 on multiculturalism in psychotherapy, addressing issues such as working in a language that is not the patient’s/therapist’s mother tongue, and the challenge of working in psychotherapy with patients whose culture lacks a language for internal states. Relevant readings will be supplied in advance of each seminar, and facilitators will lead a discussion of theoretical and clinical issues raised by the material. Seminars will emphasize clinical application of the concepts discussed. Participants are encouraged to bring their own questions and clinical vignettes to the seminars.

The seminars will be held on Friday afternoons from 2:00pm – 4:00pm, at the Rockyview General Hospital 10th floor, Room 10331A
REGISTRATION IS LIMITED TO 20 PARTICIPANTS

They will be comprised of clinical and literature presentation followed by a 30 minute discussion period. There will be a short break in-between. Seminars are open to those attending the conference on September 27, as well as those who are unable to attend the conference. Participants will benefit from having read the recommended readings.

Fees:
Physicians $150
Allied Health $120
Students $80

Register by mail by completing the registration form below or online at www.cppef.ca

SEMINEAR I – FRIDAY, APRIL 17, 2015
METAPHOR-WORK IN THE TREATMENT OF COMPLEX PSYCHIC TRAUMA

Author and guest discussant of his paper- Dr. Arthur Leonoff, PhD, Supervising and Training Analyst with the Canadian Psychoanalytic Society, and Director of Training of the Quebec English Ottawa Psychoanalytic Institute.

Discussion Facilitator: Dr. Elizabeth Wallace

Readings:

Learning Objectives: The learner will:
- Describe clinical challenges in the psychotherapeutic treatment of complex post-traumatic stress disorders.
- Appreciate the impact of childhood trauma on symbolic processing capacity and its remediation through psychoanalytic psychotherapy.
- Explore the role of metaphoric processes in expanding new meaning and enlarging the emotional capacity to process or metabolize psychic material.
Seminar II - Friday, May 1, 2015

Blocks to Speaking Freely in Psychotherapy Supervision

Discussion Facilitators: Linda Goddard, Dr. Barbara Lucido

Readings:

Learning objectives: The learner will
- Explore effective self-disclosure in supervision
- Examine the reasons for supervisee’s nondisclosure in supervision
- Explore the quality of the supervisory relationship
- Explore the supervisory style and supervision process impact on the supervisory relationship

Seminar III - Friday, May 8, 2015

Culturally-based Challenges to the Development of Reflective Function in Psychotherapy

Discussion Facilitators: Dr. Tim Yates, Dr. Elena Petrov

Readings:

Learning objectives: As part of a presentation of 3 cases and a theoretical overview, the learner will:
- Examine the role of the early familial environment in fostering the development of ‘mentalizing’ (aka the Reflective Function – RF – [Fonagy et al]) in the child and its role in the organizing of self- and other-representations throughout the lifespan
- Examine the vital part mentalizing plays in the development of a sense of personal subjectivity (aka ‘interiority’, ‘psychological mindedness’), essential for a full participation in psychodynamic psychotherapy
- Explore how culture, mediated by the family, may complicate/support the development of mentalization and how deficits in mentalization might be addressed in the early stages of dynamic therapy so as to render the therapy more fruitful

Seminar IV Friday, May 22, 2015

Patient and/or Therapist using a Language other than the “Mother Tongue”: Impact on Therapy

Discussion Facilitators: Dr. Elena Petrov, Dr. Kent Sargeant

Readings:

Learning objectives: The learner will
- Describe unique characteristics and challenges of Bilingual Therapy
- Explore the Role of Culture, Language and Silence in Bilingual Therapy
- Appreciate the unique phenomena occurring in the practice of Bilingual Therapy
**REGISTRATION FORM**

**FEE: (CHECK ONE)**

- Physicians $150
- Allied Health $120
- Students $80

**Registration is limited to 20.** All cheques must be payable to Calgary Psychodynamic Psychotherapy Education Foundation. Online registration with credit card available at [www.cppef.ca](http://www.cppef.ca).

Register by mail or online at [www.cppef.ca](http://www.cppef.ca)
Calgary Psychodynamic Psychotherapy Education Foundation
PO Box 80017
Airdrie, Alberta
T4B 2V8

Name:
Address:
City:
Province:
Postal Code:
Telephone:
Email:

Professional Affiliation (please indicate if M.D.)

A registration refund is available upon written request (less a $40 administration fee) prior to April 3, 2015. No refund will be made after that date.