

## DR. GARY RODIN

### LIVING DANGEROUSLY: PSYCHOTHERAPY IN THE LAST YEAR OF LIFE

FRIDAY, FEBRUARY 2, 2018  
 9:45AM—4:30PM  
 REGISTRATION BEGINS AT 9:00AM

HOTEL ALMA—BLUE ROOM  
 169 UNIVERSITY GATE NW  
 CALGARY, AB T2N 1N4

#### WHO SHOULD ATTEND:

PHYSICIANS, PSYCHIATRISTS, PSYCHOLOGISTS, SOCIAL WORKERS,  
 NURSES, HOSPICE CLINICIANS, PASTORAL CARE PROVIDERS.  
 KNOWLEDGE OF THE ISSUES  
 INVOLVED WILL ENHANCE YOUR SKILL SET IN  
 WORKING IN A CHALLENGING AND REWARDING FIELD.

No one is untouched by death and end of life issues whether among patients, family members of our patients, relatives or ourselves.

Dr. Gary Rodin will outline the theoretical and clinical framework for the evidence-based CALM (Managing Cancer and Living Meaningfully) psychological intervention co-developed with Dr. Sarah Hales for individuals with advanced cancer and their caregivers. Subsequently, Dr. Rodin will show video-taped clinical material from CALM sessions to illustrate implementation. The model incorporates attachment, relational, and existential theories to address concerns among those with advanced cancer and other advanced medical illnesses. Within three to six sessions, the clinician addresses the practical and the profound, in relation to symptoms and communication with treatment team, changes in the self and relationships with others, meaning and purpose; hope and mortality. Dr. Rodin's presentation will heighten awareness and increase clinician's skill in communicating about end-of-life issues.



Gary Rodin is the Joint University of Toronto/ University Health Network Harold and Shirley Lederman Chair in Psychosocial Oncology and Palliative Care and is Head of the internationally respected Department of Supportive Care at the Princess Margaret Cancer Centre in Toronto. He is also the Director of the Global Institute of Psychosocial, Palliative and End-of-Life Care (GIPPEC) and a Professor of Psychiatry at the University of Toronto. Gary Dr. Rodin's extensive research and clinical experience addresses existential distress, attachment and relational therapies and theories, depression among the medically ill and preserving self-esteem. Books he has written include: Depression and the Medically Ill, and Psychiatric Aspects of Transplantation. Dr. Rodin has been honored with national and international awards for his psycho-oncology

#### 9:00am - Registration

- 9:45 am: Introduction of Dr. Rodin
- 10:00am: CALM Theoretical and Clinical Framework followed by Q & A
- 12:15pm: Lunch
- 1:15pm: Video-tape of CALM session and discussion
- 2:45pm: Nutrition break
- 3:00pm Video-tapes of CALM session and discussion

#### LEARNING OBJECTIVES

1. Describe four domains of concern among those with terminal illness.
2. Identify communication strategies to address mortality concerns
3. Provide evidence for the use of the CALM intervention



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**REGISTRATION IS LIMITED TO 96**

All cheques must be payable to  
**Calgary Psychodynamic Psychotherapy  
Education Foundation.**  
Online registration available at [www.cppef.ca](http://www.cppef.ca)

**Register by mail or online at [www.cppef.ca](http://www.cppef.ca)**

Please complete this form and send  
with payment to:  
**Calgary Psychodynamic Psychotherapy  
Education Foundation**  
PO BOX 80017  
Airdrie, AB, T4B 2V8

**CONFIRMATION OF REGISTRATION**

Registration confirmation will be in the form of an automatic email receipt. No other confirmation will be sent. Please allow 2 weeks for mail in registration processing.

**REFUND POLICY**

A registration refund will be made upon written request prior to January 15, 2018, less a \$40 administration fee. No refund will be made for cancellation after January 15 2018, however substitutions are permitted.

**REGISTRATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional Affiliation (please indicate if M.D.)  
\_\_\_\_\_

**PLANNING COMMITTEE**

Janet de Groot MD, FRCPC (Chair)  
Kent Sargeant MD, FRCPC  
Susan Brownell, MD, FRCPC  
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Elena Petrov, MD, FRCPC  
Elizabeth Wallace MD, FRCPC  
Heather Scott MD, FRCPC  
Amy Tan, MD, MSc, CCFP(PC)

**CONTACT INFORMATION**

**About Course Content**

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**About Registration**

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**FEES:** (please circle payment amount)

	By Jan 12, 2018	After Jan 12, 2018
Physicians	\$250	\$275
Allied Health	\$200	\$225
Students	\$125	\$150